

Lesson 3: Protecting My Body from Disease

My Plan to Be Healthy & Disease Free for a Lifetime Activity Sheet				
Objective	4	3	2	1
1. Symptoms of Illness (Step 1: Question 1)	Correctly describes 3 or more symptoms of illness.	Correctly describes 2 symptoms of illness.	Correctly describes 1 symptom of illness.	Answers provided do not correctly describe symptoms of illness.
2. Difference Between Infectious and Noninfectious Disease (Step 1: Question 2)	Correctly and clearly explains that infectious diseases can be passed from person to person, while non-infectious diseases develop inside a person's body.	Correctly but vaguely explains that infectious diseases can be passed from person to person, while non-infectious diseases develop inside a person's body.	Explanation of the difference between types of disease is only partially correct and vague.	Explanation of the difference between types of disease is incorrect.
3. Ways Infectious Diseases Are Transmitted (Step 1: Question 3)	Correctly and clearly describes 3 or more ways that a person could catch an infectious disease.	Correctly and clearly describes 2 ways that a person could catch an infectious disease.	Correctly and clearly describes 1 way that a person could catch an infectious disease.	Answers provided are incorrect and vague.
4. Behavioral and Environmental Factors That Contribute to Chronic Disease (Questions 4 & 5)	Correctly describes 2 or more environmental factors that can contribute to chronic disease. AND Correctly describes 3 or more behavioral factors that can contribute to chronic disease.	Correctly describes 1 environmental factor that can contribute to chronic disease. AND Correctly describes 1 or 2 behavioral factors that can contribute to chronic disease.	Correctly describes 1 environmental factor that can contribute to chronic disease. OR Correctly describes 1 behavioral factor that can contribute to chronic disease.	Does not correctly describe any environmental factors that can contribute to chronic disease. OR Does not correctly describe any behavioral factors that can contribute to chronic disease.
5. Health Practices to Prevent the Spread of Infectious Illnesses (Step 2)	Correctly and clearly describes 2 or more specific actions a person could take to avoid infectious disease.	Correctly describes 1 specific action a person could take to avoid infectious disease.	Correctly describes 1 general action a person could take to avoid infectious disease.	Does not correctly describe actions a person could take to avoid infectious disease.
6. Health Practices to Prevent Chronic Disease (Step 3)	Correctly and clearly describes 3 or more specific actions a person could take to avoid chronic disease.	Correctly and clearly describes 2 specific actions a person could take to avoid chronic diseases.	Correctly describes 1 specific action a person could take to avoid chronic diseases.	Correctly describes 1 or no specific actions a person could take to avoid chronic diseases.

Scale: **4** = Exceeds expectations **3** = Meets expectations **2** = Mostly meets expectations **1** = Does not meet expectations